

PremiumSessions™

Individualized Training for Optimal Outcomes



Helping Organizations and People Achieve their Goals

If you're looking for professional development training for your team or organization, we provide cost-effective options. From stress management and conflict resolution to student loan repayment support and financial wellness, our professional trainers offer insight, guidance, and resources designed to help you and your team reach their full potential.

Our training expertise spans a variety of categories. Here's a sample of the many topics we cover.

Organizational Development

- Managing Conflict in the Workplace
- Giving and Receiving Feedback
- Embracing Change
- Teamwork and Collaboration

Personal Wellness

- Emotional Intelligence
- Work-Life Balance
- Mindfulness and Stress Management

Student Success

- Credit Management
- Student Loans and Credit
- Building a Financial Future

Student Loan Repayment Support

- Public Service Loan Forgiveness
- Income-Driven Repayment Plans
- Managing Student Loan Repayment



“This was the best training I’ve attended in a while. I like how the presenter was extremely knowledgeable and was able to explain in layman’s terms!”

- Jill Passano, University of Tennessee



Who We Help

- Employers and their employees
- Higher education leaders
- Professional associations

Give Us a Try

Register for a free SmartSessions online training. at **Attigo.com/smart-sessions**. Then, work with us to create individualized PremiumSessions for your organization at **Attigo.com/premium-sessions**.

Meet Our Expert Team

Through their unique perspectives, our knowledgeable trainers challenge participants to think creatively, share ideas, ask questions, and solve problems.

- Certified in facilitation and presentation.
- Accredited Financial Counselors (AFC®).
- Average 30 years of experience.



Hannah Achtor
Manager of
Training and
Compliance



Tasha McDaniel
Senior Trainer



Michiale Schneider
Senior Trainer

Driven by Our Values, Not by Profits

With more than 55 years of experience, we've earned a reputation of trust through an unmatched knowledge of federal student loan policy, programs, and servicing. **Attigo®** is part of **Ascendium®**, a mission-driven nonprofit that invests over \$100 million annually to make education and training beyond high school a reality for more learners. We're driven by our values, not by profits, to support academic achievement, long-term financial wellness, and student loan repayment success.



Learn more at **attigo.com**

